

Senior Spotlight: Emma Wright By Ellis Herner

With a concentration in writing as well as a double minor in art and business, senior English major Emma Wright has been a wonderful force within the Heidelberg community for the last four years.

Wright first discovered Heidelberg in an attempt to gain driving hours with her learner's permit.

"It started when I was 15, getting my temps hours in. I drove through campus and thought it was just breath-taking," she said.

From there, she began to partake in campus visits, where she decided Heidelberg was the place for her. Throughout her years at Heidelberg, Wright has discovered she has a very strong passion for writing. However, when she first attended the school, she wasn't quite sure what it was she wanted to do.

"I started undecided, I didn't know what was right for me," Wright claimed. "I aced my first college paper, and Dr. (Emily) Isaacson wrote in the comments that she thought I would make a great English, history or political science major. I looked at them, and thought, 'Maybe I'll try English.'"

Wright explained that ever since she was a small child, she's loved to write. So, in her mind, it was destined for her to become an English major, she just did not know it at first. She serves as the editor-in-chief for Morpheus, Heidelberg's literary magazine, one of her favorite things to do at Heidelberg.

"Morpheus is my favorite activity because it's shown me what I'm truly passionate about," Wright explained. "I love all things writing, reading and editing, and I wouldn't have really known that without the opportunity to lead Morpheus."

This year marks Wright's second year leading the literary magazine. Compared to last year, she believes she's gotten better with the position, and has learned how to expand the group as well. Through the magazine, Wright began holding writing competitions on campus for students to participate in.

"I wanted to find ways we could get people more involved with Mor-

pheus," she said. "When I took over, all we were doing was publishing. This gives us a chance to connect with more students."

Currently, Wright is also putting her skills to use through an independent study she's taking with professor Desi Matherly, in which she is writing her own novel.

In addition to Morpheus, Wright also serves as the co-president of Berg Allies, is an active member of the sorority Zeta Theta Psi and works at the campus coffee shop, the Heidelberg.

"I've been working at the Heidelberg since my sophomore year," she said. "It's a lot of fun. I get to say hello to everyone, and it makes my day instantly better."

After graduation, Wright plans to participate in Heidelberg's Plus One MBA program, before pursuing a master's degree in writing and publishing through an online program at Emerson College.

"That'll teach me more about the publishing industry and how it works," Wright said. "Hopefully it will lead to a job at a publishing agency."

Throughout her years here, Wright has proven to be a student who puts 100% of her effort into everything that she does. Her professors know that wherever the future takes her, she'll undoubtedly be successful.



Image courtesy of Emma Wright.

The Staff

The Kil is interested in hearing from readers about what we should be covering. Information about upcoming events, story ideas and letters to the editor are encouraged. Accepted submissions will be published in the next available issue. Reach out today.

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Clear Contenders and Surprising Snubs: The 2024 Oscars Nominees By Aaron McCoy

Awards season is in full swing, and so are conversations about the biggest winners, strongest nominees and surprising snubs from the previous year.

The Golden Globes, Critics Choice and other film awards often serve as predictors for Oscars nominees and even winners. Great films of 2023, such as “Oppenheimer,” “Poor Things,” “The Holdovers” and “Barbie,” climbed to the top of many end-of-year lists and award nominations.

Contenders for the Academy Awards were named on January 23, and to no surprise, “Oppenheimer” led the way with an impressive 13 nominations, including Best Picture, Best Director, Best Actor, Best Supporting Actor/Actress, Best Cinematography, Best Editing and Best Score.

Following with 11 nominations is Yorgos Lanthimos’s dark comedy and unique coming-of-age story, “Poor Things.” Both Lanthimos’s directing and Emma Stone’s transformative performance as a young woman discovering her identity earned them both a Best Director and Best Actress nomination, respectively.

Stone will be the primary competition for Lily Gladstone in the race for Best Actress. Gladstone earned her first Academy Award nomination for her role as Mollie Burkhart in “Killers of the Flower Moon.”

Martin Scorsese’s historical crime drama garnered nine additional nominations, including Best Picture, Best Director, Cinematography, Editing and Score. The film’s nominations come with historic weight as Scorsese became the oldest directing nominee at 81, and Gladstone became the first Native American woman to be nominated for Best Actress.

Missing from the Best Actress list was Margot Robbie for her lead performance in “Barbie.” Both Robbie and Director Greta Gerwig were noticeably missing from their respective categories; the year’s highest grossing movie tallied eight nominations.



“Barbie” (left) and “Oppenheimer” (right) took the world by storm together this summer, and the Oscars give this dynamic duo another chance to dominate. Images courtesy of IMDB.com.

However, “Barbie’s” snubs for Best Actress and Best Director have dominated the discourse since nominations were released. Fans and critics alike were outraged by the neglect for Robbie and Gerwig, but in some ways, this discourse has dismissed and even degraded other deserving nominees.

As two women responsible for the year’s biggest movie and cultural phenomenon, Robbie and Gerwig should undoubtedly be recognized for their work.

However, some critics, such as Los Angeles Times cultural columnist and critic Mary McNamara, reacted by taking shots at other artists and films. McNamara even stated in her L.A. Times piece “If only Barbie had done a little time as a sex worker. Or barely survived becoming the next victim in a mass murder plot. Or stood accused of shoving Ken out of the Dream House’s top window.”

While this statement and the article as a whole attempt to call out the Academy for favoring films that seem to present serious conflict and tension more so than a comedy or drama like “Barbie,” it completely overlooks the development and characters featured in “Poor Things,” “Killers of the Flower Moon” and “Anatomy of a Fall.”

While these snubs have been the primary subject of the nomination conversation, the races are tight with strong films and performers in each category. Fellow Best Picture nominees “Anatomy of a Fall” and “The Holdovers” both received five total nominations.

Other Best Picture nominees include a hilarious satire and family story in “American Fiction,” a fascinating musical biopic in “Maestro,” a touching romantic drama in “Past Lives” and a chilling historical drama in “The Zone of Interest.”

Find out who takes home gold as the 96 Academy Awards airs Sunday March 10, at 7 p.m. on ABC.



Humanity at the Heart of Heidelberg Youth Programs By Julia Schaefer

For the 1,700 incarcerated youth in Ohio, a little connection goes a long way. Dr. Sarah Lazzari’s criminology classes have found several ways to make a difference for young people in the Seneca County Youth Center.

Lazzari and four of her students presented their work at the Tiffin-Seneca Public Library on the evening of Tuesday, Jan. 30. The discussion-based program was entitled “We Are Still Human: giving a voice to those living in justice systems”

The first project, Writers in Residence, connects members of the Time to Invest program at the Youth Center with college students. The at-risk youth visit Heidelberg where they build creative writing skills.

The Time to Invest program works with youth during the day to catch them up on school work. The Heidelberg cohort of Writers in Residence is the only one that brings the students to the campus. The goal is to make education seem approachable, so that the youth can see themselves as potential college students.

Heidelberg student Jacqueline Beach

helped to put together a chapbook: a collection of poems from the workshops. She says, “We were not teachers at the workshops, but a group of teenagers having a conversation.”

The Partners in Academic Coaching for Excellence program, or PACE, is another local organization with a similar mission. Meeting once a week, college students work as tutors for students from the Youth Center.

Sophomore Yaniah Powell hopes to work on reuniting children with their families in the future. Powell explained that the college students are encouraged to have a “future-tense mindset” when working with the youth.

Lazzari reflected that this program is beneficial for both the youth from the detention center and her college students. “It’s so fun when I see that armor come down, and it happens over something organic like homework.”

The third opportunity for Heidelberg’s students is a program titled Insight from the Inside. Working with Rev. Paul Stark, Lazzari connected her students with 45 women incarcerated

at a women’s prison in New Mexico. The students keep a semester-long correspondence with the women, learning about the prison system while also finding their common interests.

The line “we are still human” comes from a poem written by one of the incarcerated women.

Lazzari’s classes also seek to educate about the reasons behind incarceration rates and ways to improve the system. She shares data on the “school-to-prison pipeline” for at-risk youth, and how high-stakes testing in school systems leaves some students behind.

At the end of one course, students take what they have learned and design their own idealized prison. For the 71,000 people incarcerated in Ohio, having an educated youth who understands and cares about the state’s corrections system can make a huge difference.

Trey Farris, a Heidelberg sophomore, wants to go into social work in the future. He said “They’re kids at the end of the day. They have dreams, aspirations, goals. My biggest goal is to make them feel as human as they can possibly feel.”

Brian Regan: Rise to Fame By Salvatore Rocco

Miami, Fla. native Brian Regan had a passion for football. This passion took him 1,200 miles north to Heidelberg University. It was here where his passion shifted, leading him into a world of comedy.

In a 2015 article by Kyle Anderson for Entertainment Weekly, he described Regan as “your favorite comedian’s favorite comedian.”

Former Heidelberg Football head coach Bob Rankin encouraged Regan to step into comedy. Regan then switched his major from accounting to communications. Regan was set to graduate in 1980 but dropped out in his final semester with just 10 credits still needed. Luckily, this decision changed the course of his life.

The former wide receiver returned to Florida where he began performing his clean stand-up routines and appeared in minor roles on television. Regan invested in himself and put in the work

by touring as an opening act for a large portion of the 80s, which eventually landed him on “The Tonight Show with Johnny Carson in” 1991.

Late night talk show hosts gravitated toward his clean routine and Regan was receiving calls. In 1995, David Letterman was a caller and invited Regan to perform on the show.

Regan brilliantly capitalized on the opportunities in front of him following these television appearances.

In 1997, his debut comedy album, “Brian Regan Live.” sold over 150,000 copies, and the fame only rose for the Heidelberg alumni.

In 2007, Regan signed a deal with Comedy Central that insured him with two stand-up specials, titled “Standing Up” and “The Epitome of Hyperbole,” which both became best-selling DVDs.

Regan’s early success did not fade. The 2010s were successful for the comic as he was able to work with some of

the biggest names in the industry. In 2012 he was a guest star on “Comedians in Cars Getting Coffee” by Jerry Seinfeld, a popular comic who Regan idolized.

In 2014 the comedian made his feature film debut in the movie “Top Five” following an invitation from Chris Rock. 2017 was the loudest year; Regan landed the role of Mugsy’ in the drama-comedy television show “Loudermilk”. In addition to this, Regan collaborated with Netflix and released two more stand-up specials titled “Nunchucks and Flamethrowers” and “Standup and Away! With Brian Regan.”

The elements of Regan’s routine are what made him so successful and marketable. It is mostly observational and sarcastic, and it is always clean. The husband and father of two continues to tour today and often brings his family along.

Previewing Super Bowl LVIII: San Francisco V. Kansas City By Cameron Spraggins

On Sunday, Feb. 11, the San Francisco 49ers will face the Kansas City Chiefs in Super Bowl 58 at Allegiant Stadium in Las Vegas, Nevada. In a rematch of 2020's Super Bowl 54, the 49ers seek revenge for the 4th-quarter comeback they yielded to the Chiefs and rising star Patrick Mahomes. After four years, both teams have established themselves as powerhouses across the league.

The Chiefs' victory in Super Bowl 54 marked the start of an incredible run continuing to this year's matchup. Superstar quarterback Mahomes, the youngest to win Super Bowl MVP in 2020, leads the Chiefs to their fourth Super Bowl appearance in seven years, pursuing his third ring with legendary coach Andy Reid.

On the West Coast, the 49ers have undergone their own dominant stretch but have yet to secure a Super Bowl title. Head Coach Kyle Shanahan brings the

49ers to their first appearance since Super Bowl 54, falling painfully short in the NFC Championship games the previous two seasons. Shanahan, an offensive coaching guru, places his trust in young Brock Purdy. The final draft pick in 2022 aims to prove himself as an elite quarterback in his first Super Bowl start.

Framing this matchup as merely a battle between head coaches and quarterbacks minimizes the rest of the game, especially given both teams boast top-level defenses. With that said, the contrast between the dynastic Mahomes and Coach Reid, a combination with proven success, and the young, electric Purdy and Coach Shanahan combination is too compelling to overlook.

The Chiefs have the opportunity to cement themselves as one of the great dynasties of American football, while the 49ers aim to begin a similar run of their

own.

This year's matchup promises to be competitive; however, it's unsurprising to see these two teams representing their conferences in this year's Super Bowl. The Chiefs, reigning Super Bowl champions, have returned to dominant form in the playoffs despite a midseason slump.

Including the upcoming game, the 49ers, as stated by ESPN, have been the betting favorite in all twenty games this season, although they required second-half comebacks in each of this year's playoff games.

Super Bowl 58 is happening in the oddsmakers' backyard in Las Vegas, where the San Francisco 49ers are slim favorites to win. Kickoff is at 6:30 p.m. ET on CBS – Tune in for great football, expensive commercials, and the inevitable social media gripes about Taylor Swift's presence on the coverage.

Social Awareness

Valentine's Day: Not All Love By Kelsey Stanfield

Valentine's Day, a holiday renowned for its showcasing of romantic love, is not loved by everyone. For survivors of intimate partner violence, Valentine's Day can bring up difficult memories and trigger traumatic responses.

Survivors of partner violence often have deep, complex relationships with their abuser. While an abuser may have caused emotional, physical or mental harm to their partner, they are also someone a survivor cared for.

Mary-Jane Foster, CEO of the domestic violence agency Interval House, told CNN News on Feb. 14, 2023 that survivors can be reminded of their experiences with their former partner during the Valentine's Day season, potentially causing significant emotional distress.

This distress, whether from mourning a relationship with someone they cared for or from traumatic memories, can make Valentine's Day dreadful, especially as abusers often seek reconciliation with their former partners around the holiday.

Lisa Dougherty, executive director of CASA, Inc., an organization that offers shelter to survivors, noted that Valentine's Day is also a holiday ripe with love-bombing. Love-bombing is a prac-

tice where abusers shower their partner with affection to maintain their control and keep their partner within a relationship. This tactic creates positive memories of an abusive partner and contributes directly to the complicated relationship between the survivor and their abuser.

While the holiday may be difficult for survivors, there are ways to limit emotional distress.

Therapist Dr. Taji Huang wrote in their article "A Domestic Violence Survivors Guide To Valentine's Day" that identifying triggers and setting boundaries is key.

"Anything can potentially be triggering to someone, and your own personal triggers will depend on your traumatic experiences," wrote Huang. "For instance, some domestic violence survivors find that flowers, chocolate and other Valentine's Day gifts are triggering because it reminds them of the gifts that their abuser gave them to manipulate them and ask for forgiveness."

After identifying triggers, survivors should set boundaries around those triggers.

Huang recommended that survivors practice setting boundaries in advance and seek support from trusted loved ones or a

therapist to help them implement boundaries.

Finally, survivors should practice self-care and surround themselves with love and support.

"You have a right to heal from your trauma and create a happy and independent life," Huang told survivors. "It's okay to limit contact with friends and family members who don't understand what you've been through or who make you feel ashamed, guilty or fearful. You get to decide how much contact you feel is appropriate."

On campus, survivors can seek services such as counseling from Stoner Health and Counseling or confidential advice and support from The Center for Survivor Empowerment. Both services can be found in Campus Center and are available during regular campus working hours.



Image courtesy of Flickr.com.

Lights, Camera, Action: Meet the Film Club By Nicholas Chambers

Coming later this semester, Heidelberg students will meet the newest addition to the campus club family: the Film Club. As its founder, senior Aaron McCoy, a communications and integrated media double major, said, this club seeks to bring students together to engage in "the most powerful form of storytelling."

McCoy was inspired to create this new club after being approached by Heidelberg Director of Diversity, Inclusion and Belonging, Aaron Nelson, in the Spring of 2023.

While McCoy is a "big movie guy," the process of creating this club was hindered by time conflicts until this previous semester. The club is now in the process of receiving approval from Student Senate, and McCoy hopes to hold its first meeting in the coming month.

In terms of activities, McCoy envisions a club where students can "screen films relevant to the students, staff and culture at large with a discussion of themes, impact, etc."

The club will hold one to two film screenings each month and hold occasional outings, such as going to see new movies in theaters and participating in the Ritz Theater's "Monday Night at the Movies" events.

This club also aims to work with other groups on campus as a support partner for film screenings during events such as

MLK Day On.

The Film Club will be open to everyone of various levels of experience and interest in films. McCoy described the club as "an informal group where anyone can show up to watch and discuss the movie of the month."

McCoy's ultimate goal for this club and its activities is to "expand the world of film on Heidelberg's campus and a passion for cinema."

Though films for initial screenings will be chosen by McCoy and the advisors as the group forms, members of the club will meet to decide which movies to screen and always will be open to requests from the broader Heidelberg community.

Heidelberg's upcoming Film Club will provide students with a unique opportunity to connect with each other in one of the most universal forms of storytelling.

Films hold a substantial influence on society, according to McCoy, as they can "immerse an audience member for one, two or three hours and ask for their full attention."

Through the Film Club, students can anticipate a space that provides entertainment and a chance to engage in meaningful conversations about the cinematic medium and its relation to their lives and broader society.

Savor the Sound: New Dining Experience to Open Downtown By Julia Schaefer

Chef Rob Malone is introducing a new culinary perspective to Downtown Tiffin with the opening of his intimate restaurant, The Turntable.

"Our doors are open to anybody—I do realize it's going to be a little bit different so I encourage people to step outside of their comfort zone," said Malone. The Turntable will offer a different dining experience focusing on small plates with locally sourced farm-to-table ingredients.

Malone's culinary creations range from a classic "I Am a Real American" pressed smash burger to modern interpretations of traditional Italian dishes like the "Peoples Therapy." The menu will also feature an extensive selection of wines, sakes, cocktails, and beers to complement the diverse culinary offerings.

Tiffin is "like a playground" for the experienced chef. "One of the cool things about Tiffin is that one of our suppliers may call me with something new that's going to be harvested, and I get to go pick it up and serve it that evening. I don't know if people know how unique that really is."

Riehm Farms, Clayhill Organics and Buckeye Seafood are all on Malone's long list of local suppliers. He smiled as he explained, "Restaurants around the world would die to have that."

Malone's motto is "Live, work, play" and he intends to do all three, all the time. He resides in downtown Tiffin with his wife, Brittany. The couple is inspired by the network of local restaurant owners.

The theme of the restaurant is intentionally broad with, "music as eclectic as the menu is." This way, Malone hopes

to cater to families as much as college students. He is a lover of music and is collaborating with 22 Mrkt Record store to sell every record he plays in-restaurant.

Inspired by post-World War II listening lounges in Japan, The Turntable will feature a state-of-the-art Hi-Fi sound system playing vinyl records including jazz, blues, classic rock and more. Malone's goal is to transport patrons into a world where exceptional food meets unparalleled ambiance.

Originally from Sycamore, Malone returns to the area with a Grand Diplome from Le Cordon Bleu Culinary Institute. He brings with him a wealth of experience in distribution and brewing, totaling 20 years of love and knowledge. The menu will offer artistic dishes that are unique and designed to be shared.

Plan to call ahead for a seat at the Turntable, as the local excitement for the restaurant is already buzzing. Patrons can also stop in for a casual seat at the counter. Doors will open later this spring.

The doors are set to open this spring at 116 S. Washington Street (the former home of JT's Bagel Bar) in the Laird Building. The "shotgun style" urban space has given Malone many ideas that he can't wait to share.

For a detailed menu and more background information, visit The Turntable's website at www.tiffinturntable.com.

Malone reflected, "Tiffin has changed a lot for the better in such a short time, and I'm happy to be a small part of it. Entrepreneurship isn't for everyone, but it's important to follow your passion. We've got one go at living."

Presenting Our Prehistoric Pals: A Peek Into the Past By Isaiah Shiley

Dinosaurs have been a subject of human interest since their first independent classification in the mid-1800s. Initially, media such as books and drawings featured these ancient creatures, but today, dinosaurs are found in books, movies, video games, toys and more.

Modern examples of dinosaur media, such as 1988's "The Land Before Time" and 2015's "Jurassic World," draw younger audiences into the realm of dinosaurs and paleontology with their colorful depictions of a prehistoric world or their careful recreations of unique and dazzling creatures. However, the focus of some modern dinosaur media on variety and novelty means that some of the prehistoric creatures featured in said media are misrepresented as dinosaurs or are not represented at all.

This article is the first of a four-part mini-series dedicated to presenting these lesser or misrepresented prehistoric creatures to a college audience. Each subsequent issue of The Kil will feature a story covering a different type of non-dinosaur prehistoric reptile or reptile-like creature. This issue, though, will begin the process by presenting what a dinosaur is.

Before beginning, it must first be mentioned that all of the following dinosaur information came from London's Natural History Museum's website, specifically from articles titled "What Are Dinosaurs?" by Sam Rae and Lisa Hendry and "When Did Dinosaurs Live?" Additionally, new dinosaur-related discoveries are made every year, meaning the informa-

tion presented in this article may become inaccurate or irrelevant in the future.

Returning to defining what a dinosaur is, they are a type of extinct prehistoric reptile that existed from approximately 250 million years ago to 66 million years ago, during a period known as the Mesozoic Era.

They belong to the larger archosaur group, which also includes pterosaurs and the ancestors of modern crocodiles. What differentiates dinosaurs from these and other reptile groups is the structure of their back legs and hips.

All dinosaurs had "straight back legs, perpendicular to their bodies" according to Rae and Hendry, rather than the side-sprouting legs we see on reptiles today like crocodiles and geckos.

Their hips and legs are their truly defining features, but dinosaurs had some other less unique but still notable features. It is believed that all dinosaurs laid hard eggs; from the house-sized sauropods to the turkey-sized theropods, they all laid eggs. Nearly all were covered in at least one of three things: plates, scales or feathers.

Dinosaurs, while appearing in a wide array of shapes and setups over a vast time, do still require certain characteristics to be considered dinosaurs. Next issue, we will be looking at one group of airborne prehistoric reptiles that often get featured alongside dinosaurs but rarely are identified separately from them: the pterosaurs.



Feathered raptors (left) and plated pachycephalosaurids (right) were only two of the many types of dinosaurs.

Images courtesy of Amy Baugess on Unsplash (left) and tee2tee on Pixabay (right).



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Heidelberg Swims to Victory By Ellis Herner

Heidelberg University's swim team had their last dual meet against Hiram College on Friday, Jan. 26. The team is now anticipating competing in the Ohio Athletic Conference (OAC) Championship, which will take place Feb. 14-17 at the University of Akron.

Compared to other Division III swim teams, Heidelberg has a relatively small one. With 8 women and 2 men, the team has to work diligently to ensure their success.

"I think this season has gone better than anyone could have expected," said freshman swimmer Camille Lafferty. "For having such a small team, we've seen so much improvement. We may not be able to win every meet, but we individually place very well. I think that's really going to show for us at OAC."

The 2023-2024 school year serves as the Heidelberg swim team's first official season. The school hired Bluffton University's former head coach, Ben Rath, to lead the team.

"When they posted the position during the summer of 2022, I reached out," stated Rath. "I wanted to see Hei-

delberg's vision for the swim program, and from there they hired me about two months later."

Rath explained that getting the team off the ground made it difficult to find students who would be interested in joining.

"Last year with recruiting, it was tough because we didn't have a program to look back on," claimed Rath. "One of the challenges this year was getting our culture to be something that can get people excited when they hear the name Heidelberg and can associate swimming with it."

According to Rath, those challenges have been exceeded. The team works incredibly hard to achieve their goals, creating a culture of hard work.

"We've been swimming since mid-August," remarked Zachary MacDonald, another member of the team. "We got here, and started practice the week after."

With their first meet this past October, the team has dedicated countless hours of practicing to make sure they can give it their all.

"They all want to be here," Rath remarked. "They all want to see the team grow, and they're all really competitive with that aspect in mind. They bring it every day in practice, and as a coach that's what I look for the most."

With the OAC championships just around the corner, MacDonald claimed that "there's always room for improvement," and "no matter where we are, we can always get better."

While the team does work hard, that doesn't mean that they don't have fun along the way.

"We have definitely proven that we are a team," said Lafferty. "We have so much fun together, I think that's been a major point about the team that a lot of people love."

Coach Rath could not be happier with the team that he has, and he believes that they have a very bright future ahead of them.

"At the end of the day, what matters most is that effort you put in making those memories, and hopefully building lifelong relationships with each other" stated Rath.

Berg Track & Field's Amazing Start By Conor Sukel

Prior to the start of the 2023-24 competition season, Track & Field welcomed a new coach, Bill Cooper. As of Feb. 2, 2024, the men's and women's teams have competed in four meets and were opening competition in Ashland at the Jud Logan Light Giver Open. Throughout the indoor portion of the season many school records have been rewritten.

The latest school record to be broken was in Women's Pole Vault. According to Berg Athletics' Instagram, Mackenzie Murray, a senior, broke the previous record, which also happened to be hers of 2.92 meters (9'7"), by jumping 3.05 meters (10'0.08") at Ashland on Feb 2.

Graduate student Liv Bean has been having an unbelievable start to the season thus far. In the last two weeks of January, Bean broke the Triple Jump record that had been in the record books since 1985, and then proceeded to reset it a week later. The new Heidelberg

record for Triple Jump is 10.74 meters (35'2.83").

Jake McEntyre, a sophomore sprinter, started the record-breaking trend at the first meet of the season back in Dec. The school record in the 60 Meter Dash was reset by 0.03 seconds when McEntyre ran it in 6.91 seconds. At the time of the race, Dec. 4, 2023, that time was good enough for 7th fastest in all of D3, according to Berg Athletics.

Those three individuals have etched their names into Heidelberg's record books, but the entire team is seeing improvement in their times and measurements regardless of event.

Ethan Rieman, a sophomore thrower, attributed the team success to Coach Cooper ensuring that the team bonded more at the start of the year, and has made that a priority for the team this season.

Rieman added that Coach Cooper expects everyone to participate in practices

and at meets both in events as athletes but also as supportive fans for their teammates.

Cooper, a Heidelberg alum, enjoyed a great deal of success as a student-athlete during his time at the Berg. Now almost 30 years after his graduation with more than 20 years of coaching experience under his belt, he returns and continues to have success on the track.

In the month of February, the men's and women's team will have even more opportunities to improve and set records as they compete all four weekends in February. On Feb 10, the teams compete at Tiffin University, and two weeks later they will be the OAC Conference Meet for the indoor season.

All the record setting and enjoyable moments so far this track season have caused more student Princes to join the team, as well as an excitement to see what is to come for our track and field athletes.