#### 8 Senior Spotlight:

# Senior Spotlight: Lauren Buskirk By Ellis Herner

During her last four years at Heidelberg University, senior psychology major Lauren Buskirk has certainly kept herself busy.

In addition to her major, Buskirk has two minors: gender identity studies and biology. She works for the student admissions office, is an active member of the Zeta Theta Psi sorority and even plans to get married to computer science senior Isaac Weber this July.

Buskirk acknowledged that being engaged isn't the hardest part of the whole experience, but rather the wedding planning that comes along with it.

"It's hard," stated Buskirk. "Issac has been very helpful, my mom has been helpful, his mom has been very helpful. But it is hard. Especially with everything that I do on campus."

Despite the wedding planning process being a difficult one, Buskirk is eager for the big day.

While planning a wedding is a very mature task to undertake, Buskirk firmly believes that Heidelberg has provided her with several opportunities that have prepared her for something like this.

"Heidelberg has provided so many opportunities for me, and I took advantage of them," explained Buskirk. She then expanded how those opportunities helped her with planning a wedding.

"I've met a lot of people working on campus jobs, and have learned so much through Greek Life as well," she said. "Wedding planning is very similar to event planning for Greek Life. I understand now how renting a venue works, and setting up and tearing down. All the things that go into something like that."

Buskirk went on to explain why she loves her current job in admissions, and how she believes that it is setting her up for success. However, she was surprised that the admissions office decided to hire her during her senior year.

"I applied late," noted Buskirk. I should have applied my freshman year. Training definitely takes a lot of time, so I'm very lucky they decided to hire me." Buskirk explained that she really loves what she does. It has provided her the chance to see that Heidelberg truly cares about their students, especially during the transition from high school to college.

"I think it (admissions) is a fun environment," said Buskirk. "It honestly helps me see how Heidelberg functions, because without admissions, you don't have students coming to campus. Admissions has taught me that Heidelberg really does care about students fitting in."

Outside of her various on campus experiences, Buskirk really enjoys hanging out with her friends, playing video games and spending time with her pets. As for Lauren's future, she plans to continue with Heidelberg through their MBA program and work full time in admissions next year.

With all the opportunities that Buskirk has taken advantage of during her time here at Heidelberg, she is more than ready for this new chapter in her life. Her sparkling personality and wonderful sense of humor will serve her well.



Image courtesy of Isaac Weber

#### The Staff

The Kil is interested in hearing from readers about what we should be covering. Information about upcoming events, story ideas and letters to the editor are encouraged. Accepted submissions will be published in the next available issue. Reach out today.

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# ESA: The Process of Getting Emotional Support By Emma Wright

When Heidelberg student Connor VanSkyock realized that he was not sleeping well, he took to the Internet to find a solution. To his surprise, he discovered that an emotional support animal might be exactly what he was looking for.

According to American Kennel Club (akc.org), emotional support animals can help ease anxiety, depression, phobias and other symptoms of mental and emotional disabilities. As VanSkyock found, they can comfort their owners in more physical ways, such as dealing with insomnia.

While knowledge about emotional support animals (ESA) is becoming more widespread, many students are unfamiliar with the benefits and how they can get one on campus.

Heidelberg's Coordinator of Student Accessibility Services, Alyssa Kontak, has been diligent about helping students get the resources they need to get their animals. "The process can be lengthy and difficult," said Kontak. "Students will need to get a letter of recommendation or a prescription from a licensed provider and show proof of the pet's vaccination status."

If students are unable to make an appointment with their provider, Kontak happily shares a list of offices in Tiffin.

Though Heidelberg has counselors on campus, they are unable to provide a letter. Mary Felton, one of Heidelberg's licensed professional counselors, said that there is specific "education, training, and experience necessary" for clinicians to effectively help a client with an ESA in an appropriate way. As of now, none of the campus counselors have the specific license.

According to Kontak, there are about 20 emotional support animals on campus, and students have reported that their well-being has increased since getting an ESA. VanSkyock has found himself sleeping much better since adopting his dog, Minnie. His roommates have also seen correlating benefits.

Jonathon Brickman, one of VanSkyock's room-

mates, said he has felt significantly less stressed while having the dog around. "Even though she's not my dog, I still get a lot of the benefits," said Brickman. "My roommates and I didn't argue that often, but we definitely don't anymore since we've had her. I think we're all much happier with Minnie around."

Heidelberg Student Lillian Whitcomb has reported similar circumstances surrounding her cat, Gravy. When her friends needed a place to decompress, they would often go to Whitcomb's room to see Gravy. Whitcomb said that it gave her the opportunity to help her friends while her cat got pets and treats.

Both VanSkyock and Whitcomb highly recommend an ESA to those who are considering. "Even if it feels difficult at the moment, it's worth it in the long run," said Whitcomb. VanSkyock recommended scheduling a meeting with Kontak, and said that her guidance made the process much easier.

Emotional support animals can provide a multitude of benefits for their owners. Kontak welcomes those who are considering ESA to set up a meeting to see if they could benefit from it. To learn more about the process, access the required paperwork, or schedule a meeting, contact Kontak at akontak1@heidelberg.edu.

Pictured back left to right: Jonathon Brickman, Kevin Smith, and Connor VanSkyock.

Front left: Jacob Brickman and Minnie the ESA.



Image courtesy of Emma Wright



"BergCast" image courtesy of Brett Reed



"All Sorority Ball" image courtesy of TK Fikes

## Poll: Tech and Digital Media in 2023 By Julia Schaefer

This month, we took to The Kil's Instagram story to ask: How do college students feel about tech and media trends in 2023?

To start, students were asked for general feelings about the Post-COVID economy. 50% of Berg students said "I feel nervous." The next most popular answers were "I have no clue" (23%) and "I feel bad" (20%). Only seven percent selected "I feel good."

Despite general concerns about the economy, there are a few industries that are expected to boom this year.

An article from FastCapital. com ranks Artificial Intelligence and Home Technology as two of the top industries to invest in for 2023. Making waves already is the free Artificial Intelligence service ChatGPT, which was launched in November of last year.

Berg students indicated that they're cautiously optimistic about AI, with 68% responding "I might use it." FastCapital noted that there are some suspicions about AI's ethics and reliability. As a result, 24% of students agreed, selecting "I will never use it."

One of the biggest headlines in 2023 was the purchase of Twitter by Tesla CEO Elon Musk. In a tight race, Berg students indicated that they will be using Twitter in 2023, despite concerns about Elon Musk's policies.

Respondents also gave their opinions on entertainment.

Just a few weeks ago, a leak from Netflix surprised users with an update that the streaming service would crack down on password sharing. Berg students are still planning to use Netflix, but only 24% chose it as their streaming platform of choice. More popular choices were DisneyPlus (32%) and HBO Max (36%).

In Music, Spotify was preferred to Apple Music by 74% of student listeners.

Tech developments are hard to predict, but the digital era is here to stay. Whatever the format, we're looking forward to continuing to publish student-written news for years to come.

If you'd like to see our present issues, past articles and exclusive website-only content, check out www.thekilikilik.wordpress.com.
The Kil! Digital is available now!

# Reproductive Healthcare Options for Students By Kelsey Stanfield

Students at Heidelberg have access to affordable reproductive healthcare on campus, locally and via mail

A local, comprehensive option for reproductive healthcare is the Seneca County Health Department. The health department offers pelvic, breast and testicular exams, sexually transmitted infections (STIs) testing, birth control options, emergency contraception, pap smears and educational materials.

These services are government funded and confidential, meaning that they do not use students' insurance and have minimal fees.

The health department, located on Washington Street, offers STI testing on Mondays. Patients are required to make an appointment ahead of time by calling (419) 447-3691, extension 329.

Once students receive a positive test for an STI, Heidelberg's Stoner Health and Counseling Center can provide treatment for common infections like chlamydia, gonorrhea and trichomoniasis.

"Students don't even have to come to the health center if they have questions or if they're concerned about a sexual health need," said Janelle Baldosser, certified nurse practitioner and the Director of Health and Counseling for Stoner. "They can call us and have a conversation that way so they can be anonymous."

Stoner also offers birth control options. Students may meet with Baldosser for a prescription or order for any form of hormonal birth control following a brief consultation. The health center also provides free condoms for students.

Appointments can be made with Stoner by calling (419) 448-2041 between 8 a.m. and 4 p.m. on weekdays.

Another discreet and affordable option is the Ohio HIV/STI Hotline. Using the ohiv.org website, students can order free reproductive health items like condoms, pre-exposure prophylaxis (PrEP) and human immunodeficiency virus (HIV) tests.

According to the Centers for Disease Control, one in every five Americans currently has an STI. However, testing for and treating STIs is still surrounded by a dangerous stigma.

"Sexually transmitted infections are a serious thing, and it's something you don't want to ignore," said Baldosser. "If you have multiple sexual partners, or are concerned at all, get tested because it can lead to infertility in the future."



# Environmentalism and Magic: "Cloud Cuckoo Land"'s Grip on Audiences By Makenna Finnegan

Think, how does a child from 15th century Constantinople become connected to a modern linguist from Greece? From Pulitzer Prize winner Anthony Doors comes "Cloud

Greece? From Pulitzer Prize winner Anthony Doerr comes "Cloud Cuckoo Land," another monumental novel centered in otherworldliness, while also being grounded in past and present history.

"Cloud Cuckoo Land" revolves around a single, fictitious text written by Antonius Diogenes, an ancient Greek author. With that, five others, including two teens from Constantinople, an elderly librarian, a high school outcast and a teen scientist from the 22nd century dive into the text, some even sacrificing everything for it. All five characters use the ancient manuscript to weave themselves into each other's lives, using the text as a jumping point for their destinies.

Through the novel, Doerr sculpts an unforgettable world with magic lying between the pages. Most people cannot imagine themselves in 15th century Constantinople while the wall is being torn down, but somehow, with a little bit of magic, Doerr does it with ease.

In 2021, Jason Sheehan for NPR wrote "It is an epic of the quietest kind," representing a subtle magic hidden within the pages. Despite somewhat outlandish fantasy, Doerr ties the novel to modern day in a neat bow.

The novel also centers around environmental protection practices and appreciation. Each character protects the environments they are in, despite others attempting to bring it to ruin. In a 2021 interview for CBS Sunday Morning, Doerr claimed, "It's a novelist's responsibility" to represent huge issues "in a novel in some sort of way."

In bringing forth modern issues to a so-called fantasy and adventure novel, Doerr uses his creativity to reach his wide audiences, causing them to experience and feel the fanatical energy of passion. Because of "Cloud Cuckoo Land," audiences can experience the wildfire of passionate environmentalism through the characters, hopefully with at least one resonating with each reader.

"Cloud Cuckoo Land" is a novel striking chords across the country, even across generations. Doerr's novel brings hearts to life through his vivid storytelling and emotional intelligence. Through the five characters' journeys in the novel, any reader will feel drawn to them, seemingly becoming an extension of the characters themselves.

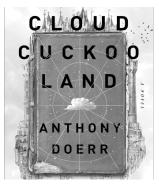


Image courtesy of Amazon

# "Avatar: The Way of Water" Movie Review By Tristin Buurma

After over a decade, the "Avatar" franchise finally released a long-awaited second installment to the series, pulling the audience back into the fantastical world of Pandora. After the first film left fans yearning for more, "Avatar: The Way of Water" fulfilled their desire for another immersive cinematic experience.

This much-anticipated sequel takes place 15 years after the events of the first movie. The Sully family must go on a journey as their land once again becomes torn apart by the "skypeople" of Earth who seek to colonize it. To protect their people, Jake, Neytiri and their five children must flee their woodland home, and seek refuge in the stronghold of the water tribe. Here, they are forced to learn the ways of the water people while simultaneously struggling to survive relentless attacks by humans.

"Avatar: The Way of Water" went above and beyond expectations regarding the imagery, worldbuilding and 3D effects. The mesmerizing CGI visuals wholly captivate those who watch it in a way that makes them feel like they are one with the Na'vi people. Additionally, it broadens the scope of the Pandoran universe, allowing the potential for more movies, some of which are already in development.

Although James Cameron's film was eagerly await-

ed, the repetitive plot left many fans feeling as though they had witnessed it previously. According to Heidelberg student Morgan Wright, the movie "was visually stunning but very similar to the plot of the first 'Avatar." In many ways, this installment is a carbon copy of the first, except that it occurs in the water instead of the sky.

Despite some controversy, "Avatar: The Way Of Water" received an impressive "82%" rating on Rottentomatoes.com, demonstrating that even with the occasional lull in the plot, this stunning film left an overall positive impression on viewers.

This blockbuster is exhilarating, and more importantly, an immersive experience for audience members. During its current run at the box office, "Avatar: The Way of Water" continues to dethrone some of the most successful movies in history, making it the "4th highest-grossing film of all time" according to boxofficemojo. com.

With magnificent imagery and intense battle scenes, viewers are flooded with feelings of excitement and wonder throughout the duration of the movie. Although the plot lacks originality, the thrilling climax and stunning cinematography make sitting through the lengthy motion picture worth it.

# "BergCast" A Podcast by Brett Reed By Cam Spraggins

During his freshman year at Heidelberg, junior Brett Reed started to record interviews with Heidelberg athletes in his dorm room on the third floor of Brown Hall. With a white sheet draped as the backdrop, and the audio recorded through a \$5 microphone from Five Below, Reed embarked on his journey as Heidelberg's resident campus podcaster.

On his podcast "BergCast," Reed is used to being the one asking the questions. Now, we decided it was his turn in the hot seat. Reed is a business - marketing major and a standout cross country and track athlete on campus. Reed graduated from St. Mary's Central Catholic High School in Sandusky, Ohio.

For those unfamiliar with "BergCast," Reed describes it as "a podcast platform in which different Heidelberg athletes are encouraged to tell their individual stories."

Episodes of "BergCast" are uploaded on Youtube and range from 30 to 45 minutes, with segments from interview-style questions, to tasting freeze-dried sweets from

one of Reed's sponsors, Freeze Dried Ohio.

Reed has also partnered with Heart of Ohio Sports, who provides the game footage for Reed's guests and boosts the "BergCast" platform on their social media accounts.

Over the years, Reed has seen tremendous growth in his podcast. From a production standpoint, the podcast has always been a one-man job. Reed has been solely responsible for setting up and taking down his studio, recording interviews and editing each podcast.

Through trial and error, Reed has learned how to record clearer audio, produce higher-quality edits and ask much better questions. Certainly, Reed has become more comfortable with his voice.

When he first started recording interviews, Reed stated, "I could tell when people would come in and be a little nervous, and I was always a little nervous too. I wanted them to feel comfortable like it wasn't that big of a deal. I've gotten much better at inviting people to talk and allowing them to be more

comfortable in conversation."

When asked what the future of "BergCast" might look like, Reed seemed very optimistic. "When I started, I stuck with athletes because that's what I was most comfortable with. I'm a much better interviewer now, I feel like I could interview anyone."

Reed expressed interest in expanding to interviewing other student leaders and professors on campus. "I've gotten nice feedback from some of the faculty and staff, which has been pretty cool." According to Reed, a live episode of "BergCast" is also in the works.

As for Reed, his podcasting will surely take a different shape after his time at Heidelberg. He plans on continuing to host a podcast, with the same goal of telling the stories of others. Reed's genuine interest in the lives of others is shown in his product. Certainly, what Reed has learned from his production of "BergCast" will stick with him beyond his time at Heidelberg.

# The First All-Sorority Fairytale Ball By Kami Stanfield

Afirst-of-its-kind all-sorority ball was held in Wickham Great Hall on Friday, Jan. 27. The ball was hosted by five societies, including Delta Sigma Chi, Euglossian Society, Kappa Psi Omega, Philathean Society and Zeta Theta Psi. These societies collaborated to create a magical night for students on campus while giving a glimpse into Greek life at Heidelberg.

"Each group knows how important it is to pick the society you want to become a part of," said sophomore Olivia Huffman, a Kappa who helped to coordinate the event. "There is a set of values that each group has, and when those values are brought together, it is something extraordinary."

The night was full of enchanting decorations and desserts for both guests and Greek life members to enjoy. All five sororities worked together to form a playlist full of their favorite fairytale songs as well

Brooklynn Wharton, a first-year student at Heidelberg, attended the event to learn more about Greek life on campus. "Being able to talk with Greek life members and watching their interactions with each other gave a sense of what Greek life really is," said Wharton. "You could tell the dynamic of each group, which can really be a deciding factor for someone who is looking at different groups."

All-five societies were given the opportunity to select a fairytale that represented their group at the ball. Among the chosen fairytales were "Beauty and the Beast," "Cinderella," "Mulan," "Rapunzel" and

"The Princess and the Frog." The societies painted individual tapestries of their chosen fairytale that were hung up in unity.

"When thinking about the event, friendship is the value that first comes to mind," said Wharton.
"Everyone seemed like they were friends and existed in harmony together."

At the end of the night, the societies came together for a group picture in front of the sorority ball banner. Each group held up their own letters with guests and other Greek life members accompanying them.

"Overall, the all-sorority ball was a great experience for those who helped plan and for those who attended," said Huffman. "This is an event that we will continue for years to come."

# Launching the Esports Program By Conor Sukel

Heidelberg University's Gaming Club will soon be an athletic team coached by the recently hired Ryan McDannell.

Although starting a team in any sport is no simple task, Coach Mc-Dannell knows the details of doing just that. Heidelberg helped him by having the GEM Center at hand for esports competition. When asked about the GEM Center, McDannell said, "The fact that there is already equipment and a space on campus, I love that."

McDannell fell in love with the campus while touring during his interview process this past fall. He happily accepted the job upon receiving the offer from Athletic Director Greg Cooper. "I am a firm believer that the right door opens when it is supposed to," stated McDannell.

Coach McDannell will be entering his first season as a collegiate esports coach, but he is no stranger to the world of video games. He first discovered video games in the early 1990s when playing his personal favorite Super Mario Brothers 3 on the Nintendo Entertainment System, which happens to be McDannell's favorite gaming platform.

After earning a degree to teach math at Upper Sandusky high school, students quickly asked him to be the advisor of a gaming club. Still possessing a love for video games, he started the gaming club, which eventually evolved into an esports team for Upper Sandusky.

McDannell taught and helped form the chess club, along with the gaming club that grew to become an esports team for eight years.

McDannell officially started as

Heidelberg's esports coach at the beginning of the spring semester, and has been extremely busy preparing for the competition.

"It's a lot of laying the foundational groundwork for the program: recruiting, figuring out college affiliation, which games will be played, creating a budget, as well as branding which includes designing jerseys and logos," acknowledged McDannell.

While laying the groundwork for the team has been a stressful endeavor, he was very excited to start working with the students.

Students will compete in a variety of games, but the league in which Heidelberg decides to play in may determine the selection of competitive games.

Currently, McDannell has been looking into joining one of two leagues. The first of which, the National Association of Collegiate Esports, would allow students to compete against schools across the country.

McDannell is also looking into joining the Great Lakes Esports Conference, which is a regional affiliate that other OAC schools and Tiffin University also compete in.

Those on the esports team will have daily practices when they are not competing. Competition for esports is slightly different than traditional sports.

For esports, games have a specific day they are played on. For example, "Call of Duty" may be played every Tuesday, and "Overwatch 2" may be played every Friday. The esports team will also have teams for each game that will consist of four to six

players, including a team captain.

Esports coaching is similar to coaching a tennis team, in the sense that coaches cannot give in-match advice, point out mistakes or make corrections. The coaching takes place during brief minutes in between matches and in practices leading up to the event. Team captains will fill in as "coaches" during competitions because they will be in direct communication with the rest of the team.

A plan for the coming months and leading to the start of the season next year has been set in place. McDannell has met with the current gaming club members and sent a survey out to the entire student body. By March, the league affiliate that the esports team will compete in will be decided.

After spring break, open lab hours will be held to introduce the games, esports and equipment to anyone interested. Tryouts will be held next Fall and team captains will be selected afterward.



Image Courtesy of Heidelberg University

# Follow The Kilikilik on Social Media

**Twitter** - @HeidelbergKil

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We are increasing our social media presence this semester. Get the latest campus information from the students' point of view in our social media accounts, or visit our website at "https://thekilikilik.wordpress.com/"

## The Suffering Silent By Isaiah Shiley

1 The burgeoning demand on the resources of the planet has altered three-quarters of Earth's ice-free surface," stated Sarah Otto in her 2018 article "Adaptation, Speciation, and Extinction in the Anthropocene," published on The Royal Society's website.

"Three-quarters of the terrestrial environment and two-thirds of the marine environment now significantly altered by human actions," reported Samuel Turvey and Jennifer Crees in their 2019 Current Biology Magazine article, "Extinction in the Anthropocene." "Humans have already transformed over 70% of land surfaces and are using about three-quarters of freshwater resources," relayed Tammana Begum, author of the Natural History Museum's 2021 article "What is Mass Extinction and Are We Facing a Sixth One?"

Humans, without a doubt, have and continue to substantially impact the natural world. Its land is stripped and made barren for our industrialization. Its water is claimed and hoarded for our consumption. Its natural resources are harvested and exploited for our entertainment. In the name of progress, our species has had an unforeseen impact on our environment, but what have we done to the others that call Earth home?

According to the three aforementioned articles, as well as multiple articles of a similar nature, humans

are annihilating the biodiversity of Earth. Otto reported over one out of five, or approximately 20%, of Earth's vertebrate, invertebrate and plant species are facing extinction.

This statistic alone should be enough to paint our environment's condition in a dire light. But when comparing this information to the current extinction rate, which Begum speculates to be between 100 and 1000 times the natural rate, there is little light illuminating the future of Earth's biodiversity.

But what can be done to halt the ecocide? There are organizations aimed at protecting certain species, and the environment in general, people can join or support such as Greenpeace and the International Union for Conservation of Nature. Closer to home, Heidelberg students can join or support Heidelberg's Alliance for Sustainability or Ohio's Natural Areas and Preserves Association.

Unfortunately, these organizations may not be accessible to everyone due to time, money or other restraints. All people, however, have a voice. And if enough people raise their voices against this ecological devastation, the screams of the suffering silent may finally be heard.

### **Entertainment**

# A Glimpse Into Tiffin's Local Metal Scene By Brandi Perkins

Home to the Rock and Roll Hall of Fame and renowned musicians ranging from Machine Gun Kelly to Dave Grohl from the Foo Fighters, it's no secret that Ohio has contributed to the rock genre for decades. Arguably, what sets Ohio apart is its number of residents with a deep-rooted pride in their local music scenes.

Tiffin is no exception. The local death metal and punk scene have been growing rapidly since the early 2000s. But of all places, why is local music thriving in Tiffin? Chase Cook, the bassist of Tiffin's Dissected, explained, "Tiffin has always been rich with creatives. Some active and some inactive. People need an outlet for their emotions and frustrations. That outlet manifested as the scene that (most) of us love and know as the Tiffin music scene."

As of 2023, a number of Tiffin bands are actively releasing music and touring across the state. Open Wound, a beat-down hardcore band formed in 2015, has recently returned after a three-year hiatus. In 2022, they rebranded and ventured back into the studio. They are currently producing new jams and will release their latest single, "Weaponized," on Feb. 10.

Meanwhile, Dissected has been thriving in the post-pandemic world. This death-metal crew got its start rocking out living rooms in 2020. When pandemic restrictions were lifted, they started playing at regional venues and have since played over 40 shows. They have even opened for notable headliners in the death-metal community such as Mortician and 200 Stab Wounds. Since the group's start, it has released a self-titled EP and several

singles.

While heavy music is more favorable within the scene, an easy-core project, under the name West Gibson, has been breaking new ground. Founder Reagen Brooks has been producing solo music since 2015. This predominantly instrumental outlet incorporates melodic harmonies and captivating rhythms that will have listeners pressing replay over and over again.

These bands are just a few of the many that got their start in Tiffin. Supporting local music is a fantastic way to give back to Tiffin's local artists and community. If these bands spark interest, they extend their art to Spotify, Instagram and Facebook. Merch or physical copies are purchasable at Under the Surface Records, located at 16 East Market Street.