

May 2020

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Issue 06 | Volume 130

Graduation Reactions **p.4**

SGN **p.9**

Self-Care **p.15**

CONTENTS

04

What's Happening On Campus?

06

Sports

08

Entertainment

14

Social Awareness

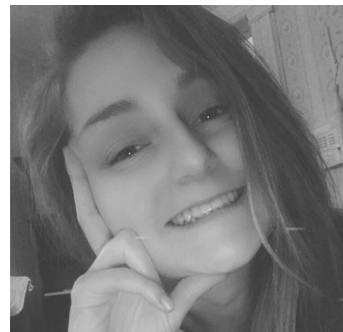
CONTRIBUTORS



Lucia Palmer
Faculty Advisor



Ethan Miller
Editor in Chief



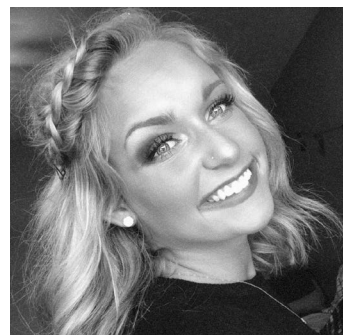
Rachel Eberly
Layout Design Editor



Zariyah Baynard
On Campus Editor



Haley Wulff
Entertainment Editor



Morgan Young
Sports Editor



Allison Fisher
Associate Editor



Fletcher Grey
Associate Editor



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Seniors react to the end of the semester and graduation

By: Allison Fisher

With the fast-paced decision to end in-person classes due to the current global pandemic, many students were left feeling isolated, dejected, and exasperated.

Some are missing the competition of their respective sports, while others are missing the adventures and travels for classes and with peers. From my own experience as a Resident Assistant in Krieg Hall, it was very difficult to return to campus and see all of the empty rooms of my residents. The halls that were once lively, filled with chatter, dancing, and a variety of other activities, were silent.

The deserted landscape of the dorms was just the beginning of a growing despon-

dency for the senior class. After years of hard work, all of their achievements, accomplishments, and dedication were crushed by the abrupt ending of on-campus living and the cancellation of graduation.

Senior Lexie Page-Boyd, an Environmental Science major and former academic advisor of the Philalethean Society, teaching assistant, and athlete, said that the week of spring break was horrible for her. "One day I'm getting a real break, training for my senior track season, and getting some work done. Then one-day classes are remote, the next week track is canceled, and two nights later graduation is gone," said Page-Boyd.

Page-Boyd, along with Kaylee Fredrickson and Allison Krebs, wrote a petition to postpone graduation rather than cancel it. The results of this petition was the creation of a committee to draft ideas for the Spring 2020 graduate commencement ceremony.

In this time of confusion, please know you are not alone. As Page-Boyd and I can both attest, it is okay to be upset, and it is okay to mourn for canceled events. Take care of yourself and know that it is okay to feel your emotions. You are enough and we will all make it out of this crisis.

➤ Covid-19 causes students to miss out on graduation ceremonies and final moments with friends.



MD Duran

'9 to 5': What a way to make a livin'!

By: Fletcher Grey

Heidelberg planned on producing "9 to 5" this theater season, a beautiful, choreography-filled musical (adapted from the film of the same name) by Dolly Parton (composer and lyricist) and Patricia Resnik (playwright). Sadly, because of the coronavirus, we have to cancel the production.

Or did we?

Heidelberg University professor Stephen Svoboda and David Cotter collaborated with students to put together choreography, music, and rehearsals online through Zoom. The rehearsals have had some hiccups, but were otherwise fantastic. I (your wonderful oddball of the eastern towers) have had the opportunity to participate in this process, and

to have a speaking role in this production.

"I've done theatre basically my whole life and this is, obviously, something I've never done before," said theater student Solana Petrone. "Personally it's been really hard but I like to think of it as a welcome challenge for my skills. It's hard to be learning the music without being able to sing with everyone, so blending voices will be tough. But, I'm ready."

Now, wonderful readers, I must say again that it has been an okay process so far! There are time constraints, but the complexity and intricacy of the rehearsal steps have been made. Our efforts will result in an absolutely groundbreaking piece of work. To say it simply, we can say that we



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accomplished putting together a musical, online, with only a few moments of in person connection.

Please come see the show when Heidelberg reopens for business in August. And do bring a friend! Come enjoy yourselves, with a bag of popcorn and a nicely set theater.



Wikimedia

► The Heidelberg Theater department moves rehearsals for the famous musical, "9 to 5," to Zoom.

2020 Olympics postponed

By: Morgan Young

As many of us are aware, the 2020 Summer Olympics in Tokyo, Japan are postponed due to COVID-19 concerns. The 2020 Olympic games were set to run from July 24 to August 9, and are now unfortunately delayed until the summer of 2021. Although this decision was hard, it was ultimately necessary to keep the athletes and spectators safe and healthy.

Many of us saw this decision coming, due to the risks associated with public gatherings resulting from the coronavirus. However, it does not make it any easier for the hard-working athletes and the dedicated spectators. Most Olympic athletes train for years to showcase and potentially win a medal at the Olympic games.

It is difficult to imagine the discouragement and utter disappointment these athletes are feeling. Heidelberg student
Wikimedia

athletes know what it is like to work so hard for something and watch it pay off, and therefore are likely to be able to relate to this loss.

Freshman football player Spencer Hrabak is upset that he won't be able to watch boxing, his favorite event, but understands the circumstances and ultimately feels sympathy for the Olympic athletes. "I am very sad to see these great athletes not be able to compete for something they have worked so hard for," said Hrabak.

Hrabak's teammate Chayne Treharn responded similarly about the delay and gave his condolences to the athletes. "It's so unfortunate that we don't get to root on these athletes," said Treharn. He will just have to cheer on the American basketball team, which is his favorite event, during the summer of 2021.

Softball at the Summer Olympics was





Anthony L. Taylor

Top photo: Sgt. Audley Logan, summer 2016.

Bottom photo: summer boxing 2016.
Wikimedia



on the Olympic programme from 1996 to 2008, however was removed from the programme for 2012 and 2016. We were all excited to hear that it would be added for the 2020 Olympic games, along with baseball. Obviously, this will have to be delayed yet another year.

Freshman softball player Maggie Hoffman is disappointed. “I was really looking forward to seeing softball back in the Olympics this year and hope they are able to continue next year,” said Hoffman. She is definitely not the only one responding this way, considering the softball athletes were granted the privilege of playing in the 2020 games for the first time in 4 years.

We are all deeply saddened by the devastating news, but ultimately we should sympathize with the hard-working, dedicated, and assiduous 2020 Olympic athletes. Freshman soccer player Audrey Kauffman summarized the decision. “Honestly, it’s kind of weird having such a large event being postponed, but realistically, it makes sense,” said Kauffman. “I’ve always loved watching the swimming events, but I understand the decision made on the postponement. I’m just glad I’m not an Olympic athlete, otherwise I would be a little more upset.”

Kauffman, like all athletes and spectators, understands the decision was for the best, but seeks solace for all the 2020 Olympic athletes.

➤ The 2020 Olympics have been postponed due to Covid-19.

The obsession with 'Tiger King'

By: Ethan Miller

At this point, everyone has undoubtedly heard of the recent hit television show "Tiger King." The limited series, which was originally released on March 20, has captivated viewers with the insanity and disbelief that the show cultivates. The show has everything viewers could possibly imagine, from polygamist lifestyles to the trapping and herding of tigers, to a mystery surrounding a missing husband. Viewers and critics alike can't seem to get enough.

Without revealing any significant spoilers, the show primarily focuses on self-proclaimed "Tiger King" Joe Exotic and his animal park filled with captive tigers in Oklahoma. While many would argue whether or not the tigers are "captive," I use that word in the sense that the tigers are kept in locked spaces for the entertainment of customers.

Joe's storyline extends to the rest of the show's colorful characters that seem to be fictional rather than real. Carole Baskin, Joe's arch-nemesis, is the owner of Big Cat Rescue, another makeshift zoo that keeps tigers for spectators in an environment similar to Joe's. Between these two characters, who are both larger than life, comes an online feud and a murder conspiracy.

If that didn't pique your interest enough, there is a char-

acter who goes by the name of Bhagavan, another tiger keeper in South Carolina whose name comes from the Hindu word for deity. Narcissistic, you might ask? That's just another typical aspect you'll see amongst these wild walks of life.

The fascination from this show appears to come from the unbelievable antics of actual people. The show doesn't hold back from the truth. Joe marries two other men toward the beginning of the series and Bhagavan proudly changes the names of his many girlfriends without batting an eye. These events are all real, and viewers can't get enough of this fantasy.

The interviews from both former and current em-

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► The new TV Show "Tiger King" takes over the internet.



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ployees of the tiger parks help to further shed light on Joe's character, his oddities, and his pervasive obsession with Carole -insert explicit word-Baskin. And did Carole really kill her husband? Well, the show certainly leads viewers to believe so.

All of this, what I'll call "nonsense," has been circulating amidst blogs and interpersonal discussions since the show's release. The taste of these fantastical yet real characters just may be the sole source of comfort during these unprecedented times.

If you haven't checked it out yet, I encourage you to place this show on your watch list just to give yourself a breath of fresh air knowing that you're relatively normal in comparison to the strangeness that's really out there in the world.

'Some Good News' with John Krasinski

By: Rachel Eberly

It's safe to say that we have all lost something due to COVID-19. Whether that is missing out on graduation, finding yourself out of work, or simply missing spending time with friends, 2020 has left us lost and lonely.

With most news being about death, disease, and unemployment, we all need a little good news. That is exactly what John Krasinski (Jim from "The Office") thought as well, so he started a YouTube news source dedicated specifically to "Some Good News." By celebrating the 15 year anniversary of *The Office*, recruiting some rather famous guests for a little Broadway action, an at-home prom, and graduation—Krasinski has certainly brightened my quarantine.

Krasinski kicked off his first episode of "SGN" by appreciating health-care workers, acknowledging the kindness of young people, and talking with his guest star, Steve Carell (Michael from "The Office"). Although it wasn't a full-blown reunion, Steve and John reminisced about the many happy memories they shared to celebrate 15 years of "The Office."

To take it 20 steps further, Krasinski had the entire Broadway cast of "Hamilton" perform the song "Alexander Hamilton" in a Zoom call for a little girl who could no longer attend the show! This little girl also happens to be a fan of the "Mary Poppins" movie that his wife, Emily Blunt, starred in. Of course, this meant that Blunt popped in for this zoom call as well.

Just when you were thinking, "it doesn't get better than this," John decided to throw an online prom for students that didn't get to have theirs. His co-host happened to be Rainn Wilson (Dwight from "The Office"). Krasinski's Prom consisted of live performances from the Jonas Brothers, Chance the Rapper, and Billie



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► John Krasinski spreads good news through youtube and video chats.

Eilish. Many adorable videos were shared of families all dressed up in their living rooms with their makeshift prom extravaganzas.

Krasinski also remembered that we all really miss going out to eat and sharing big meals with our families. Therefore, he decided to round up Guy Fieri, Martha Stewart, David Chang, and Stanley Tucci for an SGN potluck. Each chef prepared a family recipe that was submitted to Krasinski, by fans of the show, on social media. I wouldn't suggest watching this one if you are hungry.

In his sixth, and most recent, episode of "SGN," Krasinski sends off the graduating class of 2020 with some insightful guest stars. Included in this video are clips of individual speeches from students and advice from Oprah Winfrey, Steven Spielberg, Malala Yousafzai, and Jon Stewart. Krasinski brought in these wise celebrities to answer the questions of a select few graduates. This episode reminds graduates that they were not forgotten and reassures them that there are better times to come.

John Krasinski has taken the initiative to use his access to a vast audience to share "Some Good News." He is celebrating all of the wonderful things about people and communities that we tend to forget about amongst all of the negative news. With love, kindness, and a positive outlook we can get through this difficult time together— even if we're apart.

May album review

By: Haley Wulff

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► All Time Low's new Album, "Wake Up, Sunshine," is out now.

All Time Low has been a staple in my life since middle school. This band has ventured from classic pop punk tracks to more mainstream-sounding hits, but *Wake Up, Sunshine* brings back more of their old sound while still bringing new ideas. I could easily write a novel about the album, but instead, here are just a few highlights from *Wake Up, Sunshine*.

The album starts out strong with "Some Kind of Disaster," a fun upbeat track that lays down the foundation for the album. Released as a single to announce *Wake Up, Sunshine*, the song asks fans of the band if they're ready to follow them along with yet another album. The lyrics, "So what are you

after? / Some kind of disaster," imply that, if people are still following along with All Time Low, they have accepted that the band is somewhat of a "disaster."

The next song, "Sleeping In," carries on with the fun, quick tempo introduced by "Some Kind of Disaster." While the verses have a more relaxed, classic beat, the chorus takes off with a fast-paced rhythm that lyrically discusses the desire to escape the outside world and stay locked inside with someone they love.

Carrying on with the same upbeat feeling established in the first few songs, "Melancholy Kaleidoscope," details that you cannot make yourself a better person with-

out putting in some effort. The next song, "Trouble Is," discusses how jarring it can be when someone leaves your life unexpectedly, but returns before you have time to process your feelings.

The title track comes next, and takes a look at the band's history and their future. To me, this song shows the difference between their last album *Last Young Renegade*, which featured more grim and dark songs, and their current sound, which is much more positive.

The next song, "Monsters," is one of my favorites on the album. Veering from the upbeat, happy sound in the other songs, "Monsters" focuses on how hard it can be to let go of someone you know is bad for you. The song also features Blackbear and samples his song "Idfc."

Continuing to branch out from the initial sound, "Pretty Venom" reflects on negative emotions and resentment associated with someone who tries to hold you back or doesn't have your best interests in mind. "Pretty Venom" is not only my favorite on the album, but it's definitely one of my favorite songs All Time Low has ever released.

Another song I love on the album is "Clumsy,"



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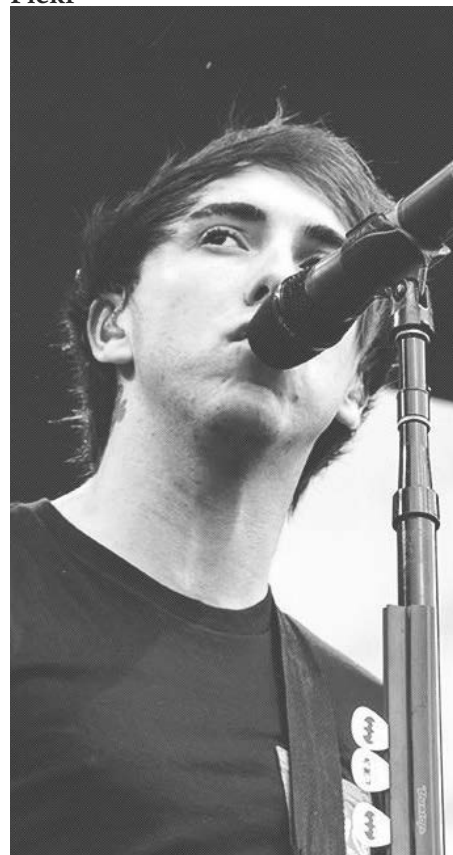
which, melodically, reminds me of All Time Low's 2009 album (and one of my favorite albums of all time) *Nothing Personal*. Lyrically, it talks about how the narrator hasn't always treated the person he loves with as much care as he should have.

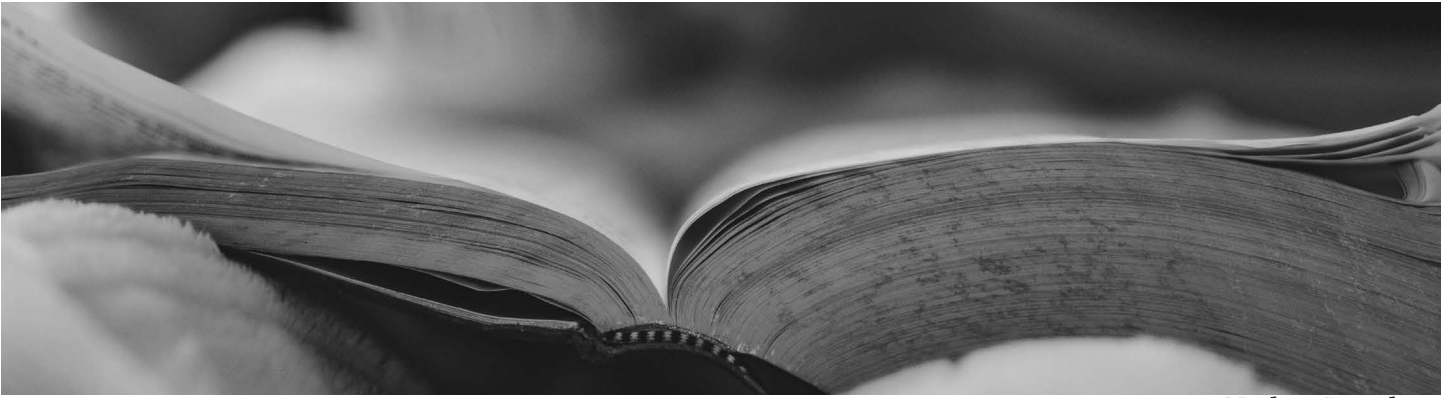
The album concludes with "Basement Noise," which reflects on the band's history and how they started out as a group of friends playing music and now, nearly 20 years later, that same group of friends is still making music together.

Choosing only a handful of songs to write about was extremely difficult because

Wake Up, Sunshine is such a solid album. If you're looking for an album to play in the car while driving around with the windows down, *Wake Up Sunshine* is for you.

Flickr





Nathan Dumlao

Looking for something to do while social distancing? Read a book!

By: The Kil Staff

We've all been spending a lot of time indoors recently. If you're looking for something to pass the time, pick up one of the following books recommended by The Kilikilik's staff.

- Fletcher Grey recommends:

"An Act of Life" by Theodore Spencer

This book may be harder to find, but it has a ton of beautiful poetry for the improvement of life. You can try to find your own copy, or just ask me and I'll try to shoot one your way!

"The Boy with the Cuckoo-Clock Heart"

by Mathias Malzieu

A read by a hardcore metal band that actually not that bad, and it gives people who need it a swift kick in the tookus! It's about a boy who, when born during a massive blizzard, has his heart frozen from the cold of the storm. The strange Madame on the outside of town creates a clockwork heart for the boy, who must abide by three rules to live on... one being to never fall in love. And this was his adventure.

- Rachel Eberly recommends:

"I'm Thinking of Ending Things" by Iann

Reid

A thrilling psychological journey that makes you question who the characters really are with an ending that you never saw coming.

- Zariyah Baynard recommends:

"The Cellar" by Natasha Preston

This book started as a story on wattpad. Back in 2013, I discovered Preston's writing and have been hooked since. "The Cellar" continued to keep me guessing until the very end. A well-written completely absorbing novel with an eerie concept.

"Display of Power" by Daymond John

Daymond John's story is an inspiration of mine personally. It's an inspiring reading about a kid from Queen's climb to the top of the fashion industry. "Display of Power" is a compelling read for anyone who wants more out of life.

- Ethan Miller recommends:

"Little Fires Everywhere" by Celester Ng

The cultivated and seemingly perfect world of Shaker Heights has been Elena Richardson's home her entire life — the place where she's come to raise her four kids with her wonderful wealthy husband. After the enigmatic Mia Warren moves to town with daughter Pearl, Elena becomes enraptured by the two and their unfathomable lifestyle. Culture, class, and privilege all stand out in this stunning story of what family means to each and every one of us.

- Lucia Palmer recommends:

"The Passage" by Justin Cronin

The first in a trilogy of books, this novel follows a young girl named Amy in a near-future dystopia. This could be an eerie book to read

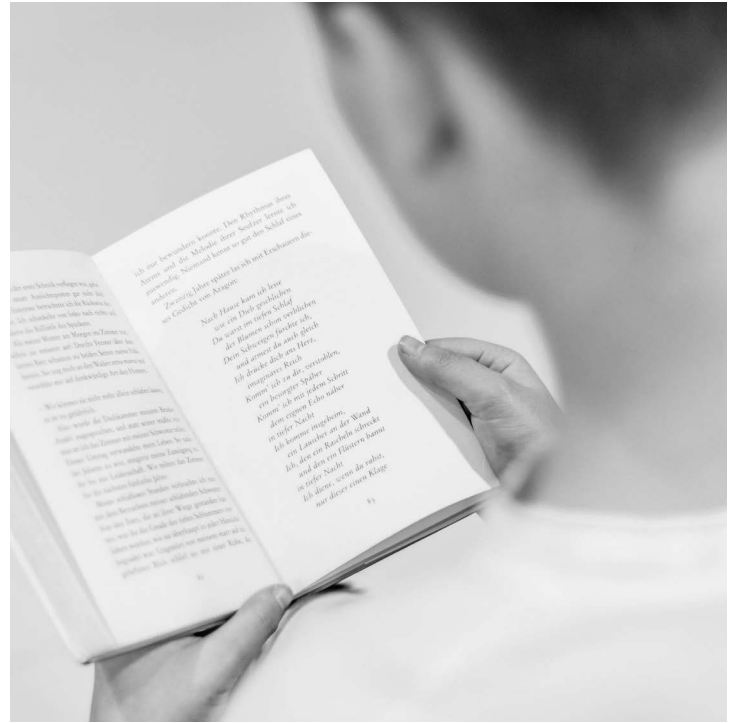
13 Entertainment

during a quarantine, as the story revolves around a viral outbreak that turns people into vampire-like creatures that are both lonely and blood-thirsty.

"Stardust" by Neil Gaiman

Small-town boy Tristran Thorn makes a romantic decision to leave his home in search of a fallen star. This leads him on a magical journey that feels like a fairytale for grown-ups. Neil Gaiman is a well-known author, and this book is a good entry into his work.

► The Kil staff recommends some books for your quarantine entertainment.



Christian Wiediger

Fabiola Penalba



The Race to the White House: November 2020

By: Ethan Miller

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The 2020 presidential race has been the talk of academics, news analysts, and everyday citizens ever since President Trump took office back in 2017. It's not rare to hear strong opinions from both sides, such as, "Who would have voted for that man?" or, "No one else can compare to our president," and have an argument immediately ensue.

As November approaches, the Democratic party is looking to replace President Trump and set the U.S. on a drastically different course than the country has currently been experiencing. The Republican party, however, appears to be standing firm behind President Trump in what is sure to be a heated race, if news reports are any indicator.

What started out at the beginning of 2020 as a competitive race of emboldened and unprecedented candidates, quickly led Joe Biden to take the Democratic nomination.

From the calm and col-

► The final debates for the 2020 presidential election will be between Donald Trump and Joe Biden

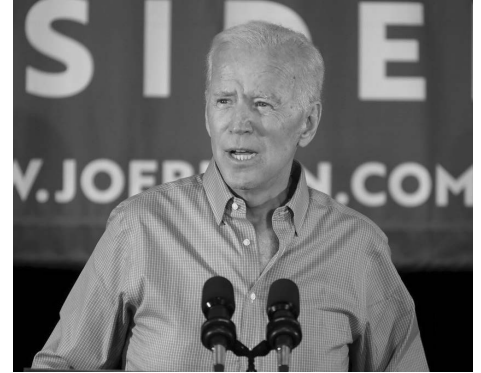
lected presence of Elizabeth Warren — "I've got a plan for that!" — to the first openly gay presidential candidate, Pete Buttigieg, American citizens were eager to dissect the various Democrats' platforms and narrow down the selection.

After the race came down to the millennial-backed Bernie Sanders and moderate-leaning Joe Biden, Sanders dropped out in April after lacking the necessary support in the primaries. Biden, now the presumptive Democratic presidential nominee this November, must go toe-to-toe against President Trump.

It's hard to tell how the debates will go between the two leaders amidst the current pandemic. News sources, such as The New York Times, show Biden leading the current polls for voters across many states, but time could easily shift this perception.

Trump has proven himself to have an advantage with the electoral college regardless of his popularity among voters in the general population. Trump's indefatigable outspokenness still appears to

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have sway for voters, but the impending debates may or may not cause a shift in this dynamic. In all democratic honesty, these early stages of the presidential race make it difficult to pinpoint any potential victor thus far.

No matter where you stand between the two candidates, or even if you support a third-party candidate, I strongly urge you to go vote in the upcoming 2020 election. Do the research, look into each of the candidates, understand their policies and platforms, and go exercise your American right to vote. Every vote counts — and yours is no different.

Politics may be intimidating, but there is sense to the madness as long as people are willing to do their part and participate by adding their voice to the conversation. So, once again, whether it be for Biden or Trump or some other candidate, go vote this November!

Quarantine 2020 or should we call this a self care-antine 2020?

By: Zariyah Baynard

Life has been changing so much this past month. The COVID-19 pandemic has invaded our lives, but we are stronger than this virus. As a country, we have set precautionary guidelines and it is important to follow these guidelines.

One of these guidelines involves the new trending phrase, “Social Distancing,” which means keeping a safe distance from others. This order includes staying approximately 6 feet or farther and avoiding gathering groups of larger than 10 people.

The thought of this may have seemed like a joke at first but in reality, we need to take this as seriously as possible. Everyone is at risk for COVID-19. Yes, there are those who are more susceptible to get this disease, but that should make everyone feel even more cautious about what they are doing so people are less likely to get others sick.

It can be easy for anxiety to set in while we are going through this quarantine. Remember that it is recommended to take time for yourself and to give your brain the option to relax and reflect.

Mental health is an important part of our daily functions. To make each day productive, we need to focus on ourselves and what we need to do to be our best. “No matter which situation you find yourself in, remember that taking care of yourself mentally and emotionally plays a big part in your overall health,” said Dr. Laura Maphis, a psychologist at Geisinger Medical Center.



Madison Inouye from Pexels

Long periods of being in quarantine can have effects on our mental health. Our minds are used to structure and being pre-occupied, so that we may not know what to do with the extra time. Our minds do not do well under too much flexibility, because it can bring chaos. But when our minds are under too much structure, we begin to feel overwhelmed.

Use this time to find a personal self-care routine that makes you happy. The best way to put this quarantine to good use is by using it for self-care, self-reflection, and self-improvement. All of this can be achieved by making sure that you are catering to your body's needs. Here are some helpful tips that can guide you through this “Self Care-an-

- Try and make time for projects that provide you happiness. Spend time writing, reading, decluttering, painting, meditating, doing yoga, or even sitting on the couch with your dog and petting it. Anything that brings you joy is a form of self-care!
- Exercising of any type throughout the day can help boost the immune system. Exercising is also a great tool for relieving stress and anxiety. Plus, with the days seeming longer in quarantine, it will help you pass time throughout the day.
- Try to be mindful throughout the day, which means to remain and be aware of the present moment that you are in. As a society, we have a habit of not living in the moment and being consumed with the media we have around us. Attempt to take just a few minutes of meditation a day to try and help you reset your mind and perspective. Of course, you don't have to be mindful in a "meditative" way if that does not work for you. You can always take a long soothing bath, write in a journal about the details of your day, or just stay off social media during these chaotic times.
- Remember to remind yourself why you are in this quarantine. We are staying safe not only for ourselves, but for our parents, the older people that live next door, and, of course, the entire world. Remember that you are not alone. We will all get through this together!



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► Here are some helpful tips for taking care of yourself during this global pandemic.

Tim Goedhart

Breathe



Sunny Singh

Environmental impacts of COVID-19

By: Allison Fisher

► The global shutdown has decreased pollution and positively impacted the environment.

With the ever-continuing stay-at-home orders, the whole world has seen many changes in the environment around them. Economic manufacturing and production have been drastically reduced to halt the spread of coronavirus, lessening the amounts of pollution in the environment.

Countries with mass-production capabilities like China, India, and the United States are seeing drastic ecological changes and reductions in pollution. According to an interview with Scott Collis, an atmospheric scientist at Argonne National Laboratory, “[In] China there

was a 50% reduction in things like nitrous oxide and carbon monoxide due to the shutting down of heavy industries and factories.”

There has been a significant decrease in those same pollutants here in the United States, due more to a reduction of traffic than factory production.

India’s government ordered one of the largest stay-at-home orders, which, according to Collis, “significantly reduced industrial activities and caused large falls in road, vehicle, and plane traffic in the country.” For the first time in approximately 10 years, the skies in

New Delhi (the capital city) are clear of air pollutants and it appears very blue.

All of these positive changes in the environment can be seen as a silver lining to our current situation. While it is very boring staying home, not traveling, or seeing friends and family, the Earth has begun to heal itself. With the reduction of manufacturing and the reallocation of thousands of jobs online, there is potential for the whole world to rethink what they consider essential and learn from the environmental changes taking place.

Memes

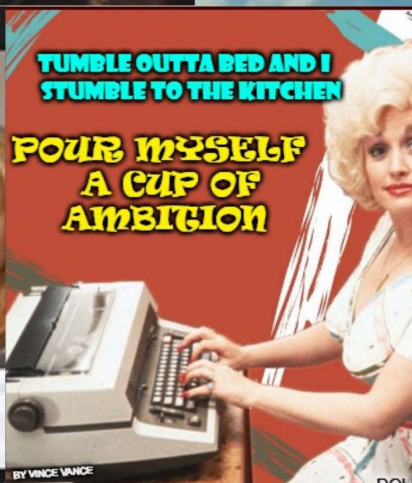
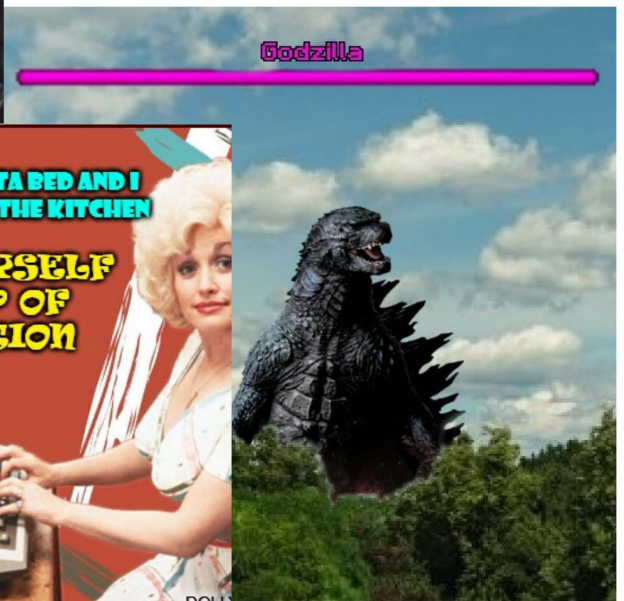
By: The Kil Staff

Me: Running out of things to keep m
entertained in quarantine.

Netflix:



Due to less air pollution, you
can now finally see Godzilla and
his health bar in Japan



Graduations in
2020 being
held via skype



As seen on pinterest