

SPORT MANAGEMENT

FITNESS

This major is 48 credits • *2018-2019 Catalog Year*

Revised: 07-20-2018

CAREERS & POST-GRADUATE WORK

Recent Heidelberg graduates with this degree are doing ...

- MBA Heidelberg
- Tennis Instructor
- Athletic Director
- Professional Sports Manager

MAJOR ACADEMIC PLAN (MAP): A SAMPLE 4-YEAR PLAN

This MAP is a guide for students preparing for course selections. This is a suggested schedule. Actual course selections should be made with the advice of your advising specialist or faculty advisor. For course descriptions, pre-requisites, and rotations (e.g., fall or spring only classes, classes taught in alternate years), consult the Heidelberg University Undergraduate Catalog.

FIRST-YEAR FALL

Course	Prerequisites	Hrs	Notes
HEI 101: Advise, Inspire, Mentoring Program		1	Required of all first-year students.
WRI 101: College Writing II		3	
ESS 102: Foundation of Exercise Science	Open to Exercise Science, Health and Human Performance, Sport Management and Health Science Majors or instructor permission.	2	
BIO 121/121L: Human Anatomy & Physiology I		4	
Math Course 100 level and above	Placement	3	Mathematics Placement Assessment score determines placement in MTH courses and eligibility for non-MTH Quantitative Literacy (Q) courses.
General Education/Honors Support Courses		2	
Total Credits:		15	

FIRST-YEAR SPRING

Course	Prerequisites	Hrs	Notes
HEI 102: Advise, Inspire, Mentoring Program	HEI 101	0	Required of all first-year students.
ATR 171: Acute Care of Injury & Illness	Restricted to ATR, HSC, SPO majors, *WEL minor	3	
BIO 122/122L: Human Anatomy & Physiology II	C- or better in BIO 121.	4	
COM 100: Public Speaking & Engagement		3	
General Education/Honors Support Courses		5	
Total Credits:		15	

SECOND-YEAR FALL

Course	Prerequisites	Hrs	Notes
ATR 213: Anatomy for Ortho Assessment	ATR 171; one college level biology course	2	
ECO 251: Principles of Microeconomics	Sophomore Standing	3	
ESS 211: History of Sports & Fitness		2	
General Education/Honors Support Courses		8	Consider completing the Foreign Language Requirement : Students not in the Honors Program must complete a foreign language to the 102-level or equivalent. Placement is based on the Foreign Language Assessment and some students may need to begin at the 101-level.
Total Credits:		15	

SECOND-YEAR SPRING

Course	Prerequisites	Hrs	Notes
ACC 201: Financial Accounting	Sophomore Standing & completion of 1 college-level math course	3	
ESS 230: Intro to Sports Management		2	
ESS 306: Nutrition	Sophomore Standing	3	
General Education/Honors Support Courses		7	
Total Credits:		15	

THIRD-YEAR FALL

Course	Prerequisites	Hrs	Notes
ESS 203: Coaching Techniques OR ESS 204-209: Teaching of a Sport		2	Students must select any 2 hours from ESS 204-209
ESS Elective		3	Choose from pick list on final page.
General Education/Honors Support Courses		10	
Total Credits:		15	

THIRD-YEAR SPRING

Course	Prerequisites	Hrs	Notes
ESS 302: Administration & Organization of Physical Education	Junior or Senior Standing, COM 100, WRI 101	2	
ESS 303: Facility & Event Management	Junior Standing, ESS 211	2	
ESS 315: Legal Aspects of Sports	Junior Standing, ESS 211	2	
ESS 316: Sport & Society	Junior Standing, ESS 211	2	
General Education/Honors Support Courses		7	
Total Credits:		15	

FOURTH-YEAR FALL

Course	Prerequisites	Hrs	Notes
ESS Elective		3	Choose from pick list on final page.
General Education/Honors Support Courses		15	
Total Credits:		15	

FOURTH-YEAR SPRING

Course	Prerequisites	Hrs	Notes
ESS 490: Capstone	Senior Standing, COM 100, WRI 101	1	
ESS Elective		3	Choose from pick list on final page.
General Education/Honors Support Courses		11	
Total Credits:		15	

PROGRAM PICK LIST: ELECTIVES

Complete 6 credit hours from the courses below.

- ESS 212: Group Exercise Leadership (2)
- ESS 307: Nutrition II (2)
- ESS 311: Exercise Testing & Prescription (4)
- ESS 312: Exercise Prescription for Special Populations (3)
- ATR 389: Strength & Conditioning (3)
- HSC 477: Kinesiology (3)
- HSC 487: Exercise Physiology (3)